

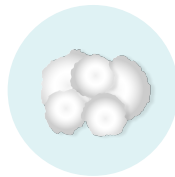
Home Dermoscopy Imaging

Follow the steps below to take magnified images of your skin without the use of a device known as a dermoscope.

ITEMS REQUIRED



Smartphone



Cotton Balls



Small Bowl



Fluid Media

STEPS

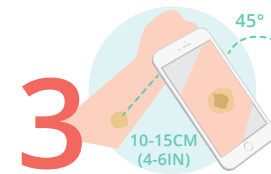


1 Make sure you're in a well-lit area.

** Use ambient indoor or outdoor light for illumination*



2 Lightly soak the cotton ball in the fluid media and press gently over the lesion to make sure you have covered the whole lesion with fluid.



3 Center the lesion in the middle of your screen and take the photo approx. 10-15 cm (4-6 in) from your skin at a 45 degree angle.

** Practice as many times as needed; it's important that the angle and distance are correct to ensure that your photos are as clear as possible for the professional to review.*

THINGS TO REMEMBER WHILE IMAGING



- Take more than one image of your skin condition
- Tap your smartphone's screen to focus the image
- If possible, have a partner or family member help you take your images
- Be sure that nothing covers the lesion such as bubbles from the fluid media
- If the lesion is covered with enough hair that it reduces the visibility of the skin, please shave the area. Only do this if the lesion is flat- never raised